

## Mike D. Helgren

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### About

A founding member of McNaul Ebel Nawrot & Helgren PLLC, Mike Helgren is a respected, proven trial attorney who specializes in the areas of product and lender liability, professional malpractice, civil rights, health care, personal injury, insurance coverage, employment discrimination, maritime law, and director and officer liability, as well as commercial, trust, and estate disputes.

Mike has represented both plaintiffs and defendants in high-profile cases that involve a range of entities and clients. He has represented the cities of Seattle and Bellevue, technology and intellectual property ventures, business executives, financial institutions, motion picture distributors, natural resource companies, telecommunications companies, recyclers, and insurance companies, just to name a few. He has extensive experience with a variety of claims such as product defects, employment disputes and severance agreements, major fire losses, trust and business valuation, shareholder rights, fiduciary duties, antitrust, and healthcare fraud. In addition, Mike has spent a significant amount of time handling class-action litigation.

Following law school, Mike clerked for Justice Robert F. Utter of the Washington State Supreme Court from 1980 to 1981. He entered private practice in 1981 with the firm of Culp Dwyer Guterson & Grader, where he remained until 1995, when he became a founding member of McNaul Ebel.

In addition to his practice, Mike has written numerous papers for and made many presentations to the legal community. He has also served on the boards of various social service and arts organizations in Seattle and beyond.

### Awards

- The National Trial Lawyers: Top 100 Trial Lawyers
- Fellow, Litigation Counsel of America
- Named a Washington State Super Lawyer, 2020

### Practice Areas

Litigation & Trial Practice

### Education

University of Washington School of Law (JD, 1980), highest honors, Order of the Coif

St. Olaf College (1975), magna cum laude

### Bar Admissions

Washington State, 1981